

FANNY PACK LIST

Basics

- Compass (if not carried in pocket on red lanyard)
- Knife (Boy Scout, Swiss Army, or other multi-purpose pocket knife) - can be carried separately on lanyard
- Emergency whistle
- Signal mirror or reflector
- Small notepad and pencil or pen (waterproofed) Protection from Elements
- All weather matches (15-20) - (waterproofed)
- Candle (3" - 6") - for light, starting fire with damp fuel, and/or saving matches
- Space blanket
- Garbage bag (30 gallon size) - for emergency rain and pack cover

• Personal Comfort Items

- Small chapstick or lip balm
- Insect repellent (small container)
- Emergency Food
- Emergency or quick energy food (granola bar, beef jerky, tea, cocoa, cup of soup packet, or hard candy, etc.) Check expiration date and change out accordingly.
- Water treatment capability (e.g. iodine, Aquamira tablets, Polar Pure or similar)
- 3 fishing hooks (approximately #10 size) and 20" of fishing line

• First Aid Supplies (waterproofed)

- 10 band aids
- Moleskin (at least 4" x 6")
- 3 large adhesive pads (4" x 4")
- 5 alcohol pads
- 24 Ibuprofen or acetaminophen tablets (in container)
- small roll of gauze bandage (2" wide x 6' long)

• Other

- Parental consent form for Emergency Medical Treatment - (waterproofed)
- 2 quarters (50 cents for telephone use)
- sewing kit (small hotel style sewing kit)
- 3' of 5/16" rope (get from troop quartermaster)

----- WATERPROOFED = MUST
BE PROTECTED BY ZIPLOC BAG OR SIMILAR.